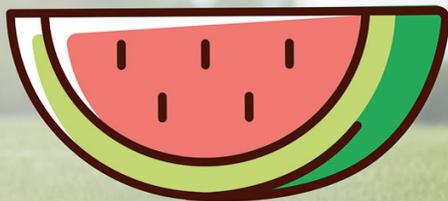


# Healthy Kids Iowa

from Iowa HHS



## Iowa Kids Growing Up Healthy

Iowa families who qualify for the Healthy Kids Iowa Pilot Program get expanded access to additional food throughout June, July, and August, such as fruits, vegetables, dairy items, grains, and proteins.

### How it Works



Families will complete the TEFAP application at each site and self-attest to eligibility. Each child aged 4 to 18 will receive kid-friendly but healthy food items including meat, eggs, fresh produce, cheese, shelf stable milk, and non-perishable items one time per month in June, July, and August.



This program is available in Ames at MICA and The Salvation Army Food Pantry, and in Story City at Loaves and Fishes Pantry.



Each site will have a monthly limit of children that can be served - call the site with questions or for additional details.

## Eligibility Requirements

- Households with children aged 4 to 18 at 185% or below the Federal Poverty Level (FPL).
- **Sites are available in all 99 counties for all eligible residents of Iowa .**

## Sign Up for Updates

To sign up for updates about the Healthy Kids Iowa Pilot Program, visit [hhs.iowa.gov/healthy-kids-iowa](https://hhs.iowa.gov/healthy-kids-iowa) or scan the QR code.

